

# INTRA-ARTICULAR INJECTIONS

## Types of Intra-Articular Injections & Corresponding Stand-Down Times

### Corticosteroid intra-articular injection of fetlock joint

➤ **14 Days** Not permitted to perform a Timed and Reported Work for 14 days following treatment.

➤ **30 Days** May not participate in a Covered Horserace or work for removal from the Vets' List for 30 days following treatment.

#### Sat. January 1

The horse receives a corticosteroid administration in the fetlock

#### Sat. January 15

Now eligible to perform a Timed and Reported Work two Saturdays later

#### Sat. January 31

Now eligible to race or work for removal from the Veterinarians' List on day 31

### All other intra-articular injections except polyacrylamide hydrogels

➤ **7 days** Not permitted to perform a Timed and Reported Work for 7 days following treatment.

➤ **14 days** Not allowed to participate in a Covered Horserace or work for removal from the Vets' List for 14 days following treatment.

➤ **Remember**, the day the horse receives the intra-articular injection is counted as the first day of the stand-down period. A horse may breeze on day 8 and may enter to race at any time, provided the race is day 15 or later. **A work for removal from the Veterinarians' List is treated as a race.**

#### Sat. January 1

The horse receives an intercarpal intra-articular administration

#### Sat. January 8

The horse is eligible to perform a Timed and Reported Work the following Saturday

#### Sat. January 15

Now eligible to race or work for removal from the Veterinarians' List on the following Saturday



A Covered Horse shall not participate in a Covered Horserace within 180 days of administration of an intra-articular injection with polyacrylamide hydrogels.



# PROHIBITED PRACTICES

**DID YOU KNOW**  
that beginning with the foal crop of 2023, horses cannot race if:

- ▶ They have undergone surgical or chemical neurectomy to cause desensitization of musculoskeletal structures associated with the limbs (*They have undergone nerving of any part of the limbs*)
- ▶ They have undergone pin-firing or freeze-firing of the dorsal surface of the third metacarpal/metatarsal bones (*They have undergone pin-firing or freeze-firing of the shins*)
- ▶ They have undergone pin-firing of any structure

**Note: Freeze-firing of structures OTHER than the shins is still permitted**

For more information, visit [www.hisaus.org](http://www.hisaus.org).



# VOID CLAIM RULE

## A CLAIM SHALL BE VOIDED IF THE COVERED HORSE

- Dies or is euthanized before the Covered Horse is released to the claimant
- Is later found to test positive for a Prohibited Substance
- Is placed on the Veterinarian's list for Epistaxis, or as unsound or lame before the Covered horse is released to the successful claimant

## A CLAIM SHALL NOT BE VOIDED IF

- The Claimant elects on the claim slip to claim the Covered Horse “regardless of whether the Regulatory Veterinarian determines the Covered horse will be placed on the Veterinarian's List for Epistaxis or as unsound or lame”

## NEW RULE REGARDING VOID CLAIMS FOR MEDICATION FINDINGS

- In the case of a post-race Adverse Analytical Finding in a horse that was claimed, the claimant has the option to void the claim. The claimant has 48 hours to provide written notice to the Stewards at the track where the horse was claimed should they wish to void the claim
- If the claimant chooses to void the claim, they are entitled to a return of the claim money as well as any documented and reasonable expenses related to the care and training of the horse since the date of the claim
- A claim will NOT be voided if any of the following have occurred subsequent to the claim:
  - The claimed horse has started in a subsequent race
  - The claimant failed to exercise due care with or made material altercations to the claimed horse; or
  - The claimed horse has died or is euthanized

For more information, visit [www.hisaus.org](http://www.hisaus.org).



# WHEN A HORSE IS PLACED ON THE VETERINARIAN'S LIST

## **BREEZING**

Horses placed on the Veterinarians' List for unsoundness, injury or epistaxis are prohibited from breezing for 7 days.

## **ILLNESS**

Ineligible to race for a minimum of 7 days, must have a declaration from Attending Veterinarian in HISA portal prior to entry

## **SHOCK WAVE TREATMENT**

Ineligible to breeze for 14 days or race for 30 days, can enter while on the Veterinarians' List provided race day is day 31 or later

## **INJURED, PHYSICALLY DISTRESSED OR MEDICALLY COMPROMISED**

Ineligible to race for a minimum of 7 days; must have declaration from Attending Veterinarian in HISA portal and be released by the Regulatory Veterinarian prior to entry

## **EPISTAXIS**

Ineligible to race for 14 days for the first time, 30 days for the second time within 365 days, 180 days for the third time within 365 days and permanently barred for life for the fourth time.

- Covered Horses must work in front of a Regulatory Veterinarian and satisfy the same requirements as a Covered Horse placed on the Veterinarians' List as unsound

## **CLENBUTEROL ADMINISTRATION**

Ineligible to breeze or race until a urine sample and blood sample have been collected and the presence of clenbuterol or its metabolites or markers is not detected. A minimum stand-down time of 21 days following the final administration will be required.

## **RECENCY**

Covered Horses that have not started in more than 365 days and Covered Horses which have not made a start prior to January 1 of their 4-year-old year will have to satisfy the same requirements as a Covered horse placed on the Veterinarians' List as unsound (declaration from Attending Veterinarian in HISA portal and released by a Regulatory Veterinarian prior to entry)

## **UN SOUNDNESS**

Covered Horses placed on the Veterinarians' List as unsound are ineligible to race until released by a Regulatory Veterinarian. Horses placed on the Veterinarians' List as unsound for the first time in a 365 day period shall remain on the list a minimum of 14 days. Horses placed on the Veterinarians' List multiple times for unsoundness within the previous 365 days shall remain on the Veterinarians' List for a minimum of 45 days for the second time, minimum of 75 days for the third time, and shall be barred from further racing after the fourth time.



# SHOCK WAVE TREATMENT GUIDELINES

**Shock Wave treatments of any structure result in the horse being placed on the Veterinarians' List.**

- ▶ **A 14-Day** prohibition on Timed and Reported Works
- ▶ **A 30-Day** prohibition on racing
- ▶ The day of administration is considered day 1. A horse may breeze on day 15 and may enter to race at any time, provided the race is on day 31 or later. A work for removal from the Veterinarians List is treated as a race.

***For example:***

**Sat. January 1**

The horse receives a Shock Wave treatment

**Sat. January 15**

Now eligible to perform a Timed and Reported Work two Saturdays later

**Sat. January 31**

Now eligible to race or work for removal from the Veterinarians' List on day 31

For more information, visit [www.hisaus.org](http://www.hisaus.org).





NOTICE ON MEDICAL

# THERAPEUTIC DEVICES

REQUIRING AN  
EXTERNAL POWER SOURCE

**Within 48 hours prior to the start of the published post time for which a Covered Horse is scheduled to race, you may not use (including but not limited to):**

- ▶ Pulsed electromagnetic field (PEMF)
- ▶ Lasers
- ▶ Nebulizers
- ▶ Electro-magnetic blankets
- ▶ Whirlpool Boots

**Additionally, the use of acupuncture within 48 hours prior to the start of the published post time is prohibited as well**

For more information, visit [www.hisaus.org](http://www.hisaus.org).





# AIR QUALITY INDEX PROTOCOL

## What is Air Quality Index?

Air Quality Index is an indicator to communicate to the public how much particulate is currently in the air and/or how much particulate is forecasted

### AQI of 100-150 (elevated particle pollution)

- Monitor your Covered Horses and Pony Horses for signs of respiratory inflammation and contact your Attending Veterinarian to evaluate if they are exhibiting signs of coughing, nasal discharge, or respiratory distress.
- Humans with respiratory sensitivities are advised to wear masks.

### AQI of 150+ (Unhealthy)

- Equine and human participants have the option to withdraw from competition without penalty.
- Racetracks have the discretion to cancel Covered Horseraces and Timed and Reported Workouts if AQI is trending upward.

### AQI 175+

- No Covered Horserace or Timed and Reported Workouts shall be conducted.





# WELFARE AND DEPRIVATION OF CARE RULE

HISA has a new rule regarding welfare and deprivation of care, and racetracks are required to develop protocols to address welfare and husbandry concerns.

## It reads:

- ▶ No Covered Person acting alone or in concert with another person shall compromise the welfare of a Covered Horse for competitive or commercial reasons or subject or permit any Covered Horse under their control, custody or supervision to be subjected to or to incur the following:
  - ▶ any form of cruelty, mistreatment, neglect, or abuse;
  - ▶ abandonment, injury, maiming, or killing (except for euthanasia for humane reasons and in a manner consistent with the current version of the American Veterinary Medical Association Guidelines for the Euthanasia of Animals);
  - ▶ administration of any noxious substance; or
  - ▶ deprivation of necessary care, sustenance, shelter, or veterinary care.

You can report welfare or husbandry concerns to the regulatory veterinary team on the ground, or anonymously.

- ▶ Anonymous Reporting Platforms
- ▶ Text Line: (855) 901-TIPS
- ▶ Telephone Line: (888) 714-HIWU
- ▶ Email Address: [hiwutips@hiwu.realresponse.com](mailto:hiwutips@hiwu.realresponse.com)

